

Mojave Child and Adolescent Symptom Rating Scale – Depression (Child/Teen)

Name _____ DOB _____

For each item, check the box that describes you best *over the past week*:

Date: _____

Feeling sad or blue	<input type="checkbox"/> Not at all.	<input type="checkbox"/> A little sad some days, but not for very long.	<input type="checkbox"/> Sad for part of the day on 3 days all morning, afternoon, or evening.	<input type="checkbox"/> Sad most of the day for 3 days.	<input type="checkbox"/> Very sad for most of the day, almost every day.
Crying or feeling like crying	<input type="checkbox"/> Not at all.	<input type="checkbox"/> I felt like crying on some days, but not for very long.	<input type="checkbox"/> I felt like crying or cried for part of the day on 3 days.	<input type="checkbox"/> I cried or felt like crying most of the day on 3-4 days.	<input type="checkbox"/> I cried every day, or felt like crying most of the day every day.
Irritability	<input type="checkbox"/> I didn't get mad or lose my temper at all.	<input type="checkbox"/> I got a little annoyed or cranky at times, but I didn't stay angry very long.	<input type="checkbox"/> Little things sometimes get me too mad. I got very angry at least 3 times. I lost my temper once or twice.	<input type="checkbox"/> I was irritable and cranky for part of the day, almost every day. I got angry about something every day and lost my temper 3 or 4 times.	<input type="checkbox"/> I was mad and cranky every day. I got very angry and lost my temper every day, sometimes more than once each day.
Loss of interest	<input type="checkbox"/> There are lots of things I like to do. I had fun with my friends. I get excited about my favorite activities.	<input type="checkbox"/> Once in a while I feel bored with the things that used to be fun. Sometimes things are not as much fun as I remember.	<input type="checkbox"/> I got bored while doing things that used to be fun 3 times last week. Sometimes I don't care as much about things that used to be important to me. I'm not as interested in doing things that I used to like a lot.	<input type="checkbox"/> I felt bored nearly every day. Most days I'm not interested in doing things that used to be fun. My friends seem to be having more fun than I am.	<input type="checkbox"/> Every day I feel bored. Nothing is as much fun as it used to be. I don't really care about activities that most kids enjoy. I don't care about things that used to get me happy and excited.
Thoughts of death or suicide	<input type="checkbox"/> I had no thoughts about death or hurting myself.	<input type="checkbox"/> One time, I got mad and had the thought that I would be better off dead.	<input type="checkbox"/> Two times, I had the thought that I would be better off dead. One time, I thought about what it would be like to kill myself.	<input type="checkbox"/> Off and on, I felt like I would be better off dead and thought about killing myself. I have thoughts about how I would kill myself.	<input type="checkbox"/> I often thought about killing myself and I have plans about how I would do it. I sometimes hear voices telling me to kill myself.
Fatigue	<input type="checkbox"/> I had plenty of energy. I needed to rest or nap about as much as my friends. I don't seem any more tired than my friends.	<input type="checkbox"/> Sometimes it's a little hard to get going, but most of the time I feel like I have enough energy to do the things I like to do.	<input type="checkbox"/> Two or 3 days a week, I find it hard to get going and it seems like I'm very tired. I don't seem to have as much energy as my friends.	<input type="checkbox"/> I feel tired most of the time, and I need to rest more than most of my friends almost every day. Sometimes my body feels heavy.	<input type="checkbox"/> I am always tired and slowed down. Some days it's hard to do anything. I don't seem to have any energy and I just can't get going. I'd rather spend the day in bed.
Guilty feelings	<input type="checkbox"/> When I do something wrong, I apologize and then I am able to get over it.	<input type="checkbox"/> When I do something wrong, I apologize, but I keep feeling bad about what I did for a few days.	<input type="checkbox"/> When I do something wrong, I apologize, but I can't forget about what I did for 1-2 weeks. I sometimes think that I'm a bad person and that I should be punished.	<input type="checkbox"/> When I do something wrong, I can't get it out of my mind. I often think that I'm a bad person and that I make bad things happen. I sometimes feel like I should be punished more.	<input type="checkbox"/> I feel very guilty about things I've done wrong, even when I apologized and my apologies were accepted. I also feel bad about things I didn't do and worry that I somehow made those bad things happen. I feel like I deserve to be punished a lot.
Sensitivity to rejection	<input type="checkbox"/> I didn't worry about being left out or forgotten by my friends or family.	<input type="checkbox"/> When someone let me down or got mad at me, I was a little upset but I got over it in a little while.	<input type="checkbox"/> When someone leaves me out or lets me down, I feel sad and worried for part of the day. I seem to get more upset than my friends do if someone forgets to call me or gets mad at me.	<input type="checkbox"/> When I feel left out or disappointed by someone, I feel very sad for most of the day. Sometimes I feel like the situation is hopeless and that people don't care about me.	<input type="checkbox"/> Most of the time, I feel like people don't like me or want me around. I get very upset if I'm left out, and I feel sad and worry about it all day. I feel like people don't care about me.

Score by counting the number of responses in the 2 right-hand columns