

# Sharon Van Volkingburgh MCSW



Sharon is a Registered Clinical Social Worker who has over 30 years experience with children and adolescents in Vancouver and the Lower Mainland.

She is skilled in Play Therapy, expressive arts, and Cognitive Behavioral Therapy for young people with anxiety, depression, mood disorders, attachment disorder, perfectionism, social phobia, PTSD, and OCD.

She has training and experience working with trauma and is certified in EMDR. She adapts her approach to work with each child's ability and developmental level, including children with ADHD and Autism Spectrum Disorders.

She believes that a collaborative strength based therapeutic relationship will provide clients a safe and effective way to realize their own goals.

At present Sharon is in Richmond 1 day / week, Surrey 1 day / week, and East Vancouver 2 partial days. Her phone number is 604-209-7165